BAB V
KESIMPULAN

5.1. Kesimpulan

1. Formulasi ODT dimenhidrinat dengan teknik likuisolid menggunakan pelarut *non-volatile* dan bahan ko-proses dapat menghasilkan mutu fisik tablet yang sesuai dengan persyaratan, dimana parameter yang diuji meliputi kekerasan tablet, kerapuhan tablet, waktu hancur tablet, waktu pembasahan tablet, dan rasio absorbsi air.
2. Stabilitas mutu fisik ODT dimenhidrinat dengan teknik likuisolid dapat dikatakan relatif tidak stabil akan tetapi masih memenuhi persyaratan, sedangkan stabilitas untuk ODT dimenhidrinat tanpa teknik likuisolid dapat dikatakan relatif lebih stabil, dimana selama proses penyimpanan tidak terjadi perbedaan yang bermakna dari parameter uji mutu fisik tablet yang dilakukan.
3. Pada profil pelepasan *in vitro*, sediaan ODT dimenhidrinat dengan teknik likuisolid menunjukkan pelepasan obat yang lebih besar dibandingkan dengan ODT dimenhidrinat tanpa teknik likuisolid, namun masih jauh lebih kecil jika dibandingkan dengan tablet *innovator* dimenhidrinat.

5.2. Alur Penelitian Selanjutnya

1. Diharapkan ditemukan metode yang tepat untuk memperbaiki stabilitas sediaan ODT dimenhidrinat dengan teknik likuisolid sehingga sediaan tetap stabil selama proses penyimpanan.

2. Dilakukan penelitian lebih lanjut tentang interaksi yang mungkin terjadi antara laktosa monohidrat dengan propilen glikol yang digunakan sebagai pelarut *non-volatile*.
3. Dapat ditemukan formulasi yang lebih baik menggunakan eksipien tablet yang dapat meningkatkan pelepasan *in vitro* dimenhidrinat, sehingga nantinya akan lebih baik dibandingkan dengan tablet *innovator* dimenhidrinat.

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