

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Peningkatan konsentrasi bentonit memberikan pengaruh terhadap efektivitas (waktu kering dan kekencangan) dan mutu fisik (pH, viskositas, daya sebar) sediaan masker wajah ekstrak air kering stroberi (*Fragaria vesca* L.) bentuk clay.

Formula III (bentonit 25%) merupakan formula terbaik *clay facial mask* ekstrak air kering buah stroberi (*Fragaria vesca* L.) ditinjau dari seluruh hasil uji yang telah memenuhi spesifikasi dengan hasil yang paling baik daripada formula lainnya yaitu waktu kering 16,37 menit, memberikan rasa kencang yang lebih terasa, mudah dibersihkan, pH 7,11, viskositas 137.750 cps, mudah menyebar dan lebih banyak disukai oleh konsumen serta tidak mengiritasi.

5.2 Saran

Pada penelitian selanjutnya disarankan melakukan uji antioksidan terhadap formula terbaik dari sediaan *clay facial mask* ekstrak air kering buah stroberi (*Fragaria vesca* L.) bentuk clay untuk memastikan aktivitas antioksidan pada sediaan. Selain itu juga disarankan melakukan optimasi terhadap penggunaan mineral *clay* yaitu bentonit dan kaolin.

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