

## **BAB 5**

### **KESIMPULAN DAN SARAN**

#### **5.1 Kesimpulan**

Berdasarkan hasil penelitian yang berjudul Evaluasi Data Ekokardiografi Dan Penggunaan Kombinasi Bisoprolol Pada Pasien Geriatri Dengan Gagal Jantung Di RSUD Sultan Syarif Mohamad Alkadrie Pontianak periode Januari 2023 – Desember 2023 diperoleh kesimpulan sebagai berikut:

1. Penggunaan terapi kombinasi bisoprolol yang diberikan pada pasien geriatri dengan gagal jantung di RSUD Sultan Syarif Mohamad Alkadrie Pontianak terkait dosis, frekuensi, kombinasi sudah sesuai *guidelines*.
2. Dapat dibuktikan terdapat efektivitas terapi kombinasi bisoprolol dari pasien geriatri dengan gagal jantung di RSUD Sultan Syarif Mohamad Alkadrie Pontianak melalui data ekokardiografi yaitu nilai hasil EF.
3. Belum dapat dibuktikan terdapat efektivitas terapi kombinasi bisoprolol dari pasien geriatri dengan gagal jantung di RSUD Sultan Syarif Mohamad Alkadrie Pontianak melalui data ekokardiografi yaitu nilai hasil TAPSE.

#### **5.2 Saran**

Diperlukan penelitian lebih lanjut mengenai data EF dan TAPSE dari pasien dengan penelitian yang lebih lama untuk mengetahui efektivitas dari bisoprolol terhadap data-data hasil ekokardiografi dan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien secara langsung dan permasalahan terkait terapi obat pada pasien, dapat berinteraksi

dengan pasien, dokter dan para klinisi kesehatan supaya dihasilkan profil penggunaan obat yang lebih representatif.

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