

## Uji validitas dan reliabilitas stres putaran I

### Reliability

\*\*\*\*\* Method 1 (space saver) will be used for this analysis  
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#### RELIABILITY ANALYSIS - SCALE (ALPHA)

##### Item-total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Alpha if Item Deleted
STRES1	61.1500	60.0795	.6692	.7788
STRES2	61.4000	56.6051	.7252	.7700
STRES3	61.0750	60.8917	.4855	.7858
STRES4	61.4500	60.5103	.4540	.7870
STRES5	61.8750	66.4199	.0560	.8082
STRES6	61.0250	63.7173	.2915	.7958
STRES7	60.6750	59.3019	.6605	.7774
STRES8	61.1500	60.4897	.6299	.7806
STRES9	60.8500	61.4128	.6047	.7831
STRES10	61.1250	59.5481	.4965	.7842
STRES11	61.7750	69.3583	-.1449	.8201
STRES12	61.3750	62.7019	.4003	.7907
STRES13	60.7250	59.2814	.6768	.7769
STRES14	62.1500	63.4128	.3178	.7945
STRES15	61.3250	59.7122	.5021	.7841
STRES16	60.9250	62.2250	.4648	.7881
STRES17	61.7000	70.1128	-.1837	.8262
STRES18	61.3250	61.3532	.5000	.7858
STRES19	61.1500	70.3359	-.2269	.8192
STRES20	61.6000	69.9897	-.2019	.8179
STRES21	61.3750	61.7788	.5439	.7852
STRES22	61.4250	63.3276	.3638	.7925
STRES23	61.5750	60.4558	.5446	.7831
STRES24	61.2250	68.2301	-.0620	.8082

##### Reliability Coefficients

N of Cases = 40.0

N of Items = 24

Alpha = .8005

Gugur = 7

## Uji validitas dan reliabilitas stres putaran II

### Reliability

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RELIABILITY ANALYSIS - SCALE (ALPHA)

#### Item-total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Alpha if Item Deleted
STRES1	43.6750	62.6865	.7082	.8899
STRES2	43.9250	58.7378	.7850	.8855
STRES3	43.6000	63.4769	.5218	.8955
STRES4	43.9750	63.5635	.4532	.8985
STRES7	43.2000	63.1385	.5899	.8932
STRES8	43.6750	62.4814	.7276	.8894
STRES9	43.3750	63.7788	.6745	.8915
STRES10	43.6500	62.0282	.5337	.8957
STRES12	43.9000	65.1692	.4541	.8974
STRES13	43.2500	62.3462	.6714	.8906
STRES14	44.6750	65.8660	.3712	.9001
STRES15	43.8500	61.8744	.5632	.8944
STRES16	43.4500	65.5359	.4438	.8977
STRES18	43.8500	63.5667	.5721	.8938
STRES21	43.9000	64.6051	.5670	.8943
STRES22	43.9500	66.3564	.3706	.8998
STRES23	44.1000	63.3744	.5542	.8944

#### Reliability Coefficients

N of Cases = 40.0

N of Items = 17

Alpha = .8999

## Hasil Uji validitas dan reliabilitas citra tubuh putaran I

### Reliability

\*\*\*\*\* Method 1 (space saver) will be used for this analysis  
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RELIABILITY ANALYSIS - SCALE (ALPHA)

Item-total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Alpha if Item Deleted
CITRA1	70.1750	80.6609	.4567	.8435
CITRA2	70.8500	83.0538	.3670	.8464
CITRA3	70.7000	84.7282	.2497	.8492
CITRA4	70.4000	81.5282	.4146	.8449
CITRA5	70.4500	81.6385	.3954	.8455
CITRA6	70.6250	83.0609	.3947	.8458
CITRA7	70.7000	83.9077	.2043	.8518
CITRA8	69.9750	85.5635	.0900	.8558
CITRA9	70.8250	82.7635	.4374	.8448
CITRA10	70.2250	79.3071	.6585	.8382
CITRA11	70.5250	81.7429	.3671	.8464
CITRA12	70.1000	80.6051	.5869	.8407
CITRA13	70.4750	81.5378	.5751	.8418
CITRA14	70.2750	81.5378	.5463	.8422
CITRA15	70.4250	89.0199	-.1564	.8576
CITRA16	70.0750	82.0712	.4000	.8454
CITRA17	70.4250	83.5840	.4305	.8456
CITRA18	70.4500	80.1513	.5348	.8413
CITRA19	70.3250	86.5327	.0410	.8561
CITRA20	70.2250	77.6660	.6837	.8362
CITRA21	70.7500	82.3974	.5280	.8433
CITRA22	70.3500	78.0795	.5860	.8389
CITRA23	70.3500	87.4128	-.0140	.8566
CITRA24	70.2250	82.2301	.4734	.8439
CITRA25	70.2750	80.6147	.5509	.8413
CITRA26	70.8750	85.7532	.1769	.8506
CITRA27	70.4500	76.2026	.7780	.8327
CITRA28	70.2000	84.2667	.2395	.8497
CITRA29	70.7250	80.3583	.5344	.8414
CITRA30	70.0500	84.3564	.2568	.8491
CITRA31	69.8750	86.1635	.0518	.8570
CITRA32	70.5750	88.3019	-.0818	.8592

## Reliability Coefficients

N of Cases = 40.0

N of Items = 32

Alpha = .8506

Gugur = 11

## Uji validitas dan reliabilitas citra tubuh putaran II

### Reliability

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RELIABILITY ANALYSIS - SCALE (ALPHA)

#### Item-total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Alpha if Item Deleted
CITRA1	44.8000	63.6000	.3976	.8988
CITRA2	45.4750	65.5378	.3154	.9000
CITRA4	45.0250	64.2301	.3654	.8995
CITRA5	45.0750	62.4301	.5087	.8955
CITRA6	45.2500	65.0641	.3914	.8981
CITRA9	45.4500	64.5615	.4609	.8966
CITRA10	44.8500	61.4128	.6892	.8907
CITRA11	45.1500	63.2590	.4143	.8985
CITRA12	44.7250	62.7173	.6024	.8931
CITRA13	45.1000	64.1949	.5176	.8954
CITRA14	44.9000	63.8872	.5248	.8951
CITRA16	44.7000	63.2923	.4783	.8962
CITRA17	45.0500	65.0744	.4862	.8963
CITRA18	45.0750	61.9173	.5835	.8933
CITRA20	44.8500	60.1821	.6912	.8901
CITRA21	45.3750	64.2917	.5483	.8949
CITRA22	44.9750	60.8455	.5676	.8940
CITRA24	44.8500	63.9256	.5141	.8954
CITRA25	44.9000	62.9641	.5416	.8945
CITRA27	45.0750	58.6865	.8044	.8864
CITRA29	45.3500	62.4385	.5528	.8942

#### Reliability Coefficients

N of Cases = 40.0

N of Items = 21

Alpha = .8996

## Normalitas

## Explore

### Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Citra tubuh	40	100.0%	0	.0%	40	100.0%
Kecenderungan stres	40	100.0%	0	.0%	40	100.0%

### Descriptives

			Statistic	Std. Error
Citra tubuh	Mean		47.30	1.315
	95% Confidence Interval for Mean	Lower Bound	44.64	
		Upper Bound	49.96	
	5% Trimmed Mean		47.08	
	Median		46.50	
	Variance		69.190	
	Std. Deviation		8.318	
	Minimum		33	
	Maximum		66	
	Range		33	
	Interquartile Range		10.75	
	Skewness		.432	.374
	Kurtosis		-.152	.733
	Kecenderungan stres	Mean		46.50
95% Confidence Interval for Mean		Lower Bound	43.80	
		Upper Bound	49.20	
5% Trimmed Mean			46.42	
Median			45.50	
Variance			71.179	
Std. Deviation			8.437	
Minimum			30	
Maximum			64	
Range			34	
Interquartile Range			11.50	
Skewness			.341	.374
Kurtosis			-.403	.733

**Tests of Normality**

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Citra tubuh	.097	40	.200*	.966	40	.266
Kecenderungan stres	.103	40	.200*	.971	40	.378

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

## Uji linieritas

### Means

Case Processing Summary

	Cases					
	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
Kecenderungan stres * Citra tubuh	40	100.0%	0	.0%	40	100.0%

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Kecenderungan stres * Citra tubuh	Between Groups	(Combined) Linearity	1485.333	21	70.730	.986	.517
		Deviation from Linearity	688.471	1	688.471	9.602	.006
	Within Groups		796.863	20	39.843	.556	.898
Total			1290.667	18	71.704		
			2776.000	39			

Measures of Association

	R	R Squared	Eta	Eta Squared
Kecenderungan stres * Citra tubuh	-.498	.248	.731	.535



## Uji korelasi

### Correlations

Correlations

		Citra tubuh	Kecenderu ngan stres
Citra tubuh	Pearson Correlation	1.000	-.498**
	Sig. (1-tailed)	.	.001
	N	40	40
Kecenderungan stres	Pearson Correlation	-.498**	1.000
	Sig. (1-tailed)	.001	.
	N	40	40

\*\* . Correlation is significant at the 0.01 level (1-tailed).

## Frequencies

### Frequency Table

#### usia

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 18	7	17.5	17.5	17.5
19	7	17.5	17.5	35.0
20	20	50.0	50.0	85.0
21	6	15.0	15.0	100.0
Total	40	100.0	100.0	

#### Kategori citra tubuh

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Sangat rendah	2	5.0	5.0	5.0
Rendah	18	45.0	45.0	50.0
Sedang	15	37.5	37.5	87.5
Tinggi	5	12.5	12.5	100.0
Total	40	100.0	100.0	

#### Kategori kecenderungan stres

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	4	10.0	10.0	10.0
Sedang	20	50.0	50.0	60.0
Tinggi	11	27.5	27.5	87.5
Sangat tinggi	5	12.5	12.5	100.0
Total	40	100.0	100.0	

## Crosstabs

Kategori citra tubuh \* Kategori kecenderungan stres Crosstabulation

			Kategori kecenderungan stres				Total
			Rendah	Sedang	Tinggi	Sangat tinggi	
Kategori citra tubuh	Sangat rendah	Count	0	0	1	1	2
		% of Total	.0%	.0%	2.5%	2.5%	5.0%
	Rendah	Count	0	10	5	3	18
		% of Total	.0%	25.0%	12.5%	7.5%	45.0%
	Sedang	Count	2	7	5	1	15
		% of Total	5.0%	17.5%	12.5%	2.5%	37.5%
	Tinggi	Count	2	3	0	0	5
		% of Total	5.0%	7.5%	.0%	.0%	12.5%
Total	Count	4	20	11	5	40	
	% of Total	10.0%	50.0%	27.5%	12.5%	100.0%	

## Crosstabs

Kategori citra tubuh \* usia Crosstabulation

			usia				Total
			18	19	20	21	
Kategori citra tubuh	Sangat rendah	Count	1	1	0	0	2
		% of Total	2.5%	2.5%	.0%	.0%	5.0%
	Rendah	Count	5	3	6	4	18
		% of Total	12.5%	7.5%	15.0%	10.0%	45.0%
	Sedang	Count	1	2	11	1	15
		% of Total	2.5%	5.0%	27.5%	2.5%	37.5%
	Tinggi	Count	0	1	3	1	5
		% of Total	.0%	2.5%	7.5%	2.5%	12.5%
Total	Count	7	7	20	6	40	
	% of Total	17.5%	17.5%	50.0%	15.0%	100.0%	

Kategori kecenderungan stres \* usia Crosstabulation

			usia				Total
			18	19	20	21	
Kategori kecenderungan stres	Rendah	Count	0	0	4	0	4
		% of Total	.0%	.0%	10.0%	.0%	10.0%
	Sedang	Count	1	2	12	5	20
		% of Total	2.5%	5.0%	30.0%	12.5%	50.0%
	Tinggi	Count	2	4	4	1	11
		% of Total	5.0%	10.0%	10.0%	2.5%	27.5%
	Sangat tinggi	Count	4	1	0	0	5
		% of Total	10.0%	2.5%	.0%	.0%	12.5%
Total	Count	7	7	20	6	40	
	% of Total	17.5%	17.5%	50.0%	15.0%	100.0%	