

BAB VII KESIMPULAN DAN SARAN

7.1 Kesimpulan

Tidak ada hubungan antara derajat keasaman kulit wajah terhadap kejadian akne vulgaris pada santri laki-laki SMA Luqman AL-Hakim Surabaya.

7.2 Saran

1. Dapat digunakan sebagai referensi untuk penelitian lanjutan mengenai pH wajah dan akne vulgaris dan menjadi perbendaharaan kepustakaan, serta sumber informasi praktis untuk masyarakat dalam pencegahan akne vulgaris. Sehingga bisa menentukan perawatan kulit yang sesuai dengan keasaman kulitnya.
2. Diperlukan penelitian lebih lanjut mengenai hubungan pH dengan sebum wajah.
3. Perlu diperhatikan apabila meneliti akne vulgaris dikarenakan akne vulgaris adalah penyakit yang multifaktorial.
4. Perlu diperhatikan hal yang mempengaruhi derajat keasaman wajah seperti: pembersih wajah, keringat, nutrisi, produksi sebum, lingkungan, dan tipe kulit berdasarkan Fitzpatrick, dan Lingkungan.

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