

BAB 7

KESIMPULAN DAN SARAN

7.1 Kesimpulan

Pada penelitian ini yang dilakukan terhadap 138 wanita gemuk di POSA dari tahun 2013-2017, terdapat perbedaan bermakna antara estrogen reseptor positif pada wanita belum menopause dan sudah menopause.

7.2 Saran

Penelitian ini menunjukkan adanya perbedaan bermakna estrogen reseptor positif (ER+) pada wanita gemuk belum menopause dan sudah menopause, namun peneliti sadar bahwa penelitian ini sebaiknya diteruskan dengan memperhatikan :

1. Peneliti selanjutnya tidak hanya menganalisa reseptor hormonal estrogen (ER) saja namun dapat menganalisa hasil pemeriksaan imunohistokimia yang lain.
2. Desain penelitian dengan case control lebih baik karena dapat melihat perbedaan pada wanita yang tidak gemuk, serta desain penelitian cohort karena dapat melihat apakah wanita yang baru saja gemuk dapat meningkatkan risiko kanker payudara.

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