

## **BAB 5**

### **KESIMPULAN DAN SARAN**

#### **5.1 Kesimpulan**

1. Peningkatan konsentrasi ekstrak kering daun teh hijau (*Camellia sinensis* L.) dengan konsentrasi 10%, 15% dan 20% berpengaruh terhadap hasil uji mutu fisik (pH, persen kandungan solid, viskositas sediaan, uji kemampuan dan stabilitas menghasilkan busa dan tegangan permukaan) dan efektivitas (pengukuran pembersihan dan kemampuan detergen).
2. Formula terbaik sediaan sampo cair jernih ekstrak kering daun teh hijau (*Camellia sinensis* L.) dari Formula 1, 2, dan 3 adalah Formula 1 (ekstrak kering daun teh hijau 10%) berdasarkan hasil yang telah memenuhi spesifikasi (pH, viskositas sediaan, persen kandungan solid, uji kemampuan dan stabilitas menghasilkan busa dan tegangan permukaan) dan efektivitas (pengukuran pembersihan dan kemampuan detergen), aktivitas antibakteri, uji aseptabilitas serta uji keamanan.

#### **5.2 Saran**

Pada penelitian selanjutnya disarankan untuk melakukan modifikasi pada formula optimum dengan *design expert* kemudian dilakukan penambahan uji stabilitas agar diperoleh sediaan sampo yang lebih baik.

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