

BAB VI

SARAN

Berdasarkan hasil pelaksanaan Praktek Kerja Profesi Apoteker di Rumah Sakit Katolik St. Vincentius a Paulo Surabaya dapat disarankan sebagai berikut :

1. Bagi calon apoteker hendaknya dapat membekali diri dengan pengetahuan yang cukup tentang farmakologi, farmakokinetika, farmakoterapi, patofisiologi yang semuanya itu mengarah pada aspek farmasi klinik terapan.
2. Bagi calon apoteker, harus membekali diri dengan ilmu manajemen farmasi mengingat peran dari seorang apoteker dalam sistem manajerial antara lain: pemilihan obat, *budgeting*, perencanaan, pengadaan, penyimpanan, dan pendistribusian yang semuanya itu mengarah pada aspek manajerial, ditambah lagi seorang calon apoteker harus membekali diri dengan ilmu perundang-undangan sehingga setiap langkahnya selalu berpedoman pada undang-undang yang berlaku.
3. Bagi calon apoteker, perlu peningkatan dan pengoptimalan pengetahuan mengenai kemampuan apoteker dalam berkomunikasi dengan tenaga kesehatan yang lain sehingga dapat tercipta jalinan kerjasama yang baik yang pada akhirnya dapat meningkatkan mutu pelayanan rumah sakit.
4. Bagi Rumah Sakit Katolik St. Vincentius a Paulo Surabaya, perlu penambahan jumlah apoteker sehingga pelayanan kefarmasian menjadi semakin optimal.
5. Bagi Universitas Katolik Widya Mandala Surabaya, perlu dilakukan peningkatan hubungan kerja sama dengan Instalasi Farmasi Rumah Sakit Katolik St. Vincentius a Paulo Surabaya agar kegiatan Praktek Kerja Profesi ini dapat terus di laksanakan sehingga memberikan manfaat bagi kedua belah pihak.

DAFTAR PUSTAKA

- Aditama, et al., 2007, *Pedoman Nasional Penanggulangan Tuberkulosis Edisi 2*, Departemen Kesehatan Republik Indonesia., Jakarta.
- AHA/ASA Guidelines. [No Date]. *Guidelines for Prevention of Stroke in Patients with Ischemic Stroke or Transient Ischemic Attack*. [Online]. <http://stroke.ahajournals.org/content/37/2/577.long>.
- Ansar dkk., 2006, *Pengaruh Temperatur dan Kelembaban Udara Terhadap Kelarutan Tablet Effervescent*, Majalah Farmasi Indonesia., Jakarta.
- Aronson J.K, 2006, *Meyler's Site Effects of Analgesics and Antiinflammatory Drugs*, Elsevier B.V., Oxford.
- Aslam, M., Tan, C.K., dan Prayitno, A., 2003, *Farmasi Klinis*, PT. Elex Media Computindo., Jakarta.
- Bailie, G. R, et al., 2004, *Medfacts Pocket Guide of Drug Interaction*, Nephrology Pharmacy Associates., Boston.
- Blenkinsopp, A, Paxton P, Blenkinsopp J, 2009, *Symptoms of the Pharmacy*, 6th ed, Blackwell Publishing., UK.
- Boncaster and Bassetlaw Hospital. [No Date]. *Guidance on the Administration of Medicines to Patients who have Swallowing Difficulties or who are using Enteral Feeding Tube* [Online]. http://www.dbh.nhs.uk/Library/Patient_Policies/PAT%20MM%202%20v.3%20%20ADMIN%20OF%20MEDS%20SWALLOWING%20DIFFS.pdf.
- Buzzle.com [No Date]. *Gallbladder Disease* [Online] <http://www.buzzle.com/articles/gallbladder-diseases-symptoms/>.

- Cohen M, *et al.*, [2003]. *The Journal of Clinical Endocrinology and Metabolism*, *Oxyntomodulin Suppresses Appetite and Reduces Food Intake in Humans*. [Online]. <http://jcem.endojournals.org/content/88/10/4696>.
- Direktorat Bina Farmasi Komunitas dan Klinik, 2009, *Pedoman Pencampuran Obat Suntik Dan Penanganan Sediaan Sitostatika*, Depkes RI, Jakarta.
- Dr. Tjandra Yoga Aditama, T. Y., Kamsu, S., Basri, C., Surya, A., 2006, *Pedoman Nasional Penanggulangan Tuberkulosis*, Depkes RI., Jakarta.
- Erlanson C and Albertson, [2000]. *Scandinavian Journal of Nutrition* [Online]. <http://journalseek.net/cgi-bin/journalseek/journalsearch>.
- Hall W.L, *et al.*, [2003]. *Kasein and Whey Exert Different Effects On Plasma Amino Acid Profiles, Gastrointestinal Hormone Secretion Appetite*. [Online]. <http://journal.canbridge.org/download>.
- Hardjono, S., Sugiyarno, H., Sondakh, R., 2006. *Kumpulan Peraturan Perundangan, Fakultas Farmasi Universitas Airlangga dan BPD ISFI Jawa Timur.*, Surabaya
- Hospital Pharmacy. [2002]. *Oral Dossage Form that should not be Crushed or Chewed* [Online]. http://www.factsandcomparisons.com/assets/hospitalpharm/feb2002_oral.pdf.
- IDSA, 2011, *Clinical Infectious Diseases*, Oxford University Press, San Diego.
- Informasi dari produsen Walter Ritter, Dura.
- Kamaoui, I., V. D. *et al.* [2009]. *Value of CT Enteroclysis in Suspected Small-Bowel Carcinoid Tumors*. [Online]. <http://www.ajronline.org/content/194/3/629.full.pdf>.
- Kepmenkes 1204/Menkes/SK/X/2004 Tentang Persyaratan Kesehatan Lingkungan Rumah Sakit

Kepmenkes 1204/Menkes/SK/X/2004 Tentang Persyaratan Kesehatan Lingkungan Rumah Sakit

Kon Koh, K, et al., [2010]. *Atorvastatin Causes Insulin Resistance and Increases ambient Glycemia in Hypercholesterolemic Patient.* [Online]. <http://content.onlinejacc.org/cgi/content/short/55/12/1209>.

Lacy, C.S, et al., 2009, *Drug Information Handbook*, Lexy Comp Inc., North America.

Maglinte, D. D. T., et al. [2003]. *Multidetector-row Helical CT Enteroclysis.* [Online]. <http://www.ncbi.nlm.nih.gov/pubmed>.

Mardiati, R., 2001, *Pedoman Pelayanan Pusat Sterilisasi (CSSD) di Rumah Sakit*, Departemen Kesehatan dan Kesejahteraan Sosial RI, Direktorat Jenderal Pelayanan Medik., Jakarta.

Marriott J, et al., 2010, *Pharmaceutical Coumpounding and Dispensing* 2nd ed, Pharmaceutical Press., UK

Martin J, 2011, *British National Formulary 61*. BMJ Publishing Group Ltd. London.

MIMS. [No Date]. *Mims Indonesia*. [Online]. www.mims.com/Indonesia/drug/info/Alinamin/.

Nakata M, et al., [2006]. *Effect Of Statin on The Adipocyte Maturation and Expression of Glucose Transporter 4 (SCL2A4): Implications in Glycaemic Control.* [Online]. <http://www.ncbi.nlm.nih.gov/pubmed>.

Peraturan Menteri Kesehatan Republik Indonesia Nomor HK. 02.02/MENKES/068/I/2010 tentang Kewajiban menggunakan obat generik di Fasilitas Pelayanan Kesehatan Pemerintah.

- Rajpathak, S.N., et al. [2009]. *Statin Therapy and Risk of Developing Type 2 Diabetes: A Meta-Analysis*. [Online]. <http://www.ncbi.nlm.nih.gov/pubmed>.
- Rajpathak, S.N., et al., [2009]. *Statin-Induced Diabetes: Will It Change Clinical Practice*. *Diabetes Care*. [Online] <http://www.ncbi.nlm.nih.gov/pubmed>.
- Sasaki, J. et al., [2006]. *Statin: Beneficial or Adverse for Glucose Metabolism*. [Online]. <http://www.sinoas.com/journal/uploadfiles.pdf>.
- Sattar, N. et al., [2010]. *Statins and Risk of Incident Diabetes: A Collaborative Meta-Analysis of Randomised Statin Trials*. [Online]. <http://www.thelancet.com/journals/lancet/article/>
- Seto, S., Nita. Y., dan Triana, L., 2008. *Manajemen Farmasi*, Edisi 2, Airlangga University Press, Surabaya.
- Shargel L. et al., 2005, *Biofarmasetika dan Farmakokinetika Terapa* Edisi 2, Airlangga University Press., Surabaya.
- Siregar, C.J.P, Lia, A., 2004. *Farmasi Rumah Sakit Teori dan Penerapan*, EGC, Jakarta.
- SK KepMenKes No.1197/MenKes/SK/X/2004 tentang Standar Pelayanan Farmasi Rumah Sakit
- SK MenKes RI No. 129/MenKes/SK/II/2008 tentang Standar Pelayanan Minimal Rumah Sakit
- SK Permenkes No. 340/Menkes/PER/III/2010 tentang klasifikasi Rumah Sakit Umum.
- SK Republik Indonesia No. 922/MenKes/Per/X/1993, tentang Ketentuan dan Tata Cara Pemberian Izin Apotik

Sweetman, S.C., et al., 2009, *Martindale: The extrapharmacopeia* 36th ed. Pharmaceutical Press., United State of America.

The electronic Medicines Compendium. [No Date]. *Shelf Life*. [Online]. <http://www.medicines.org.uk/emc/>.

The European Journal of Health Economics. [2011, Feb 11]. *Cost Effectiveness of Pregabalin Versus Venlafaxine in The Treatment of Generalized Anxiety Disorder: Findings From a Spanish Perspective*. [Online]. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2816249/>.

The United States Pharmacopeia, 2004, *United States Pharmacopeial Convention*, 27nd ed, Twinbrook Parkway, Rockville.

Trissel A. L; 2003. *Handbook on Injectable Drugs* 12th ed. American Society of Health-system Pharmacist., Amerika.

Vancouver Coastal Health. [No Date]. *Parenteral Drug Therapy Manual*. [Online]. <http://www.vhpharmsci.com/PDTM/Monographs/.htm>.

Wells, B.G., et al. 2009, *Pharmacotherapy Handbook*, The McGraw Hill Companies Inc., United State of America.

WHO, 2003, *Good Storage Practices for Pharmaceuticals (WHO annex 9)*, WHO Press, Switzerland.

WHO, 2010, *Treatment of Tuberculosis Guidelines 4th edition*, WHO Press, Switzerland.

Wiarda, B. M., et al. [2006]. *MR Enteroclysis of Inflammatory Small-Bowel Diseases*. [Online]. <http://content.onlinejacc.org/cgi/content/short/55/12/1209>.

Wisconsin Department of Health Services. [No Date]. *Guide for Storage of Insulin*. [Online]. www.dhs.wisconsin.gov.

Xamthone Plus. [No Date]. *Pantangan Makanan Bagi Penderita Diabetes* [Online]. <http://xamthoneplus.acepsuherman.com/2011/06/jus-manggis/pantangan-makanan-bagi-penderita-diabetes/>