

BAB 5

KESIMPULAN dan SARAN

5.1 Kesimpulan

1. Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Asam Folat pada Pasien Gagal Ginjal Kronik-Anemia Rawat Inap di RSUD Kabupaten Sidoarjo periode Januari 2015 sampai Juni 2015 di peroleh kesimpulan sebagai berikut :
 - a. Penggunaan asam folat tunggal sebanyak 22 pasien (79%), dengan jenis, dosis, frekuensi dan rute paling banyak adalah asam folat (3x1mg) per oral sebanyak 21 pasien (95%) dan asam folat (2x1 mg) per oral sebanyak 1 pasien (5%)
 - b. Penggunaan asam folat kombinasi dengan obat anemia lain sebanyak 6 pasien (21%) dengan kombinasi, dosis, frekuensi, dan rute paling banyak adalah asam folat 3x1 mg dan besi 1x1 kapsul secara per oral sebanyak 3 pasien (60%)
2. Penggunaan obat asam folat yang diberikan pada pasien gagal ginjal kronik anemia rawat inap di RSUD Kabupaten Sidoarjo, terkait dosis, rute, frekuensi, interval, dan lama pemberian sudah sesuai dengan *guidelines* yang ada.

5.2 Saran

Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien dan permasalahan terkait terapi obat secara langsung, dapat berinteraksi dengan pasien, dokter dan para klinisi serta dihasilkan profil penggunaan obat yang lebih representatif.

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LAMPIRAN A

**PEMERINTAH KABUPATEN SIDOARJO**
RUMAH SAKIT UMUM DAERAH
Jl. Mojopahit No. 667 Telepon (031) 8961649. Fax. 8943237
SIDOARJO Kode Pos 61215

Sidoarjo, 15 Maret 2016
Kepada

Nomor : 070/ 0893 /404.6.8/2016
Sifat : Penting
Lampiran : -
Perihal : Jawaban Permohonan Ijin Penelitian

Yth. Dekan Fakultas Farmasi
UNIKA Widya Mandala Surabaya
Kampus Pakuwon, Lt 6 Tower Timur
Di
SURABAYA

Menindak lanjuti surat Saudara tanggal 9 Februari 2016 nomor : 0248/WM03/R/2016 perihal : Permohonan Ijin Penelitian, bersama ini disampaikan bahwa pada prinsipnya kami tidak keberatan dan dapat menyetujui permohonan ijin Saudara.

Sebagai tindak lanjut tentang tarif pelayanan kesehatan Rumah Sakit Umum Daerah Kabupaten Sidoarjo yang menerapkan pola pengelolaan keuangan badan layanan umum daerah, untuk biaya pemanfaatan Rumah Sakit Umum Daerah Kabupaten Sidoarjo sebagai tempat pelatihan, PKL, Penelitian dan lain-lain, maka setiap mahasiswa Kesehatan yang melaksanakan Penelitian dikenakan biaya sebesar Rp. 150.000.- (*Seratus Lima Puluh Ribu Rupiah*) per bulan atas nama:

1. MARIA ELVINA LEKI NIM : 2443012250
2. HILARIUS SATU SENG A NIM : 2443012138
3. YULITA S NGARUNG NIM : 2443012190
4. YOSEFINA S DARUNG NIM : 2443012196

Demikian atas perhatiannya kami ucapkan terima kasih.

an. DIREKTUR RUMAH SAKIT UMUM DAERAH
KABUPATEN SIDOARJO
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LAMPIRAN B

Daftar Nilai Normal Data Klinik dan Data Laboratorium

Data Klinik :

TD	: 120/80 mmHg
Nadi	: 80 – 100 x/menit
RR	: 18 – 22 x/menit
Suhu	: $37 \pm 0,5^{\circ}\text{C}$
GCS	: 456

Data Laboratorium :

BUN	: 6 – 23 mg/dL
Kreatinin	: < 1,2 mg/dL
Na ⁺	: 136 – 145 mEq/L
K ⁺	: 3,5 – 5,0 mEq/L
Cl ⁻	: 98 – 106 mEq/L
WBC	: $4,7 - 11,3 \cdot 10^3 / \mu\text{L}$
RBC	: $4,0 - 5,0 \cdot 10^6 / \mu\text{L}$
HGB	: 11,4 – 15,1 g/dl
HCT	: 38 – 42 %
PLT	: $142 - 424 \cdot 10^3 / \mu\text{L}$
PCT	: 0,150 – 0,400%
MCV	: 80,0 – 93,0 FL
MCH	: 27,0 – 31,0 PG
MCHC	: 32,0 – 36,0 g%
RDW-SD	: 35 – 47 fl

RDW-CV : 11,5 – 14,5 %
PDW : 9 – 17 fl
MPV : 9 – 13 fl
P-LCR : 13-43 %
Eosinofil : 0 – 4%
Basofil : 0 – 1%
Neutrofil : 51 – 67%
Limfosit : 25 – 33%
Monosit : 2 – 5%
GDP : 60 – 100 mg/dl
GD2PP : < 130 mg/dl
GDA : < 200 mg/dl

Pem. Urin Lengkap :

BJ : 1,001 – 1,035
PH : 5,0 – 8,5
Glukosa : -/+
Protein : -/+
Keton : -/+
Bilirubin : -/+
Urobilirubin : -/+
Nitrit : -/+
Leukosit : -/+
Hb : -/+
Eritrosit : -/+