

BAB V

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang telah dilakukan terhadap 35 orang responden dalam menggunakan obat antidiabetes pada bulan Februari tahun 2015 di Puskesmas Gundih Surabaya Pusat:

1. Kepatuhan pasien yang diperoleh dengan metode *pill count* adalah sebesar $78,36 \pm 24,49 \%$.
2. Kepatuhan pasien dengan metode *MMAS-8*, diperoleh hasil 19 orang responden (54,29%) memiliki tingkat kepatuhan tinggi, 11 orang responden (31,43%) memiliki kepatuhan sedang, dan 5 orang responden (14,28%) memiliki tingkat kepatuhan rendah dalam menggunakan obat antidiabetes pada bulan Februari tahun 2015 di Puskesmas Gundih.
3. Berdasarkan hasil analisis statistik dengan menggunakan uji *chi-square* terhadap perbandingan hasil kepatuhan antara metode *pill count* dengan metode *MMAS-8* didapatkan hasil bahwa tidak ada hubungan antara hasil kepatuhan dengan menggunakan metode *pill count* dengan metode *MMAS-8* untuk mengukur tingkat kepatuhan pasien dalam menggunakan obat antidiabetes.

5.2 Saran

1. Perlu dilakukan penelitian dengan durasi yang lebih lama agar tingkat kepatuhan dalam jangka panjang dapat diketahui.
2. Perlu dilakukan penelitian mengenai pengaruh pemberian *pharmaceutical care* terhadap kepatuhan pasien.

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