

BAB 7

SIMPULAN DAN SARAN

7.1 Simpulan

Tidak didapatkan hasil yang signifikan mengenai korelasi kejadian pes planus dan derajat keparahan gonartrosis di Rumah Sakit PHC Surabaya. Hal ini berkaitan dengan kriteria inklusi dan eksklusi yang ditetapkan oleh peneliti, seperti usia dan IMT. Namun, dapat ditentukan prevalensi kejadian pes planus pada pasien gonartrosis di Rumah Sakit PHC Surabaya, yaitu sebesar 82,6%.

7.2 Saran

- Jika ingin menggunakan desain penelitian *cross sectional*, sebaiknya peneliti menggunakan pasien baru dalam jangka waktu tertentu sehingga bisa dipastikan derajat keparahan gonartrosis yang diderita adalah onset pertama dan bukan hasil progresivitas.
- Sebaiknya penelitian ini menggunakan pasien dengan usia yang lebih muda, sehingga perancu penelitian bisa diminimalisir.
- Sebaiknya penelitian ini menggunakan pasien yang terdiagnosis pes planus bilateral, sehingga derajat keparahan gonartrosis yang diakibatkan oleh pes planus bisa lebih jelas.
- Sebaiknya pasien memahami secara jelas prosedur yang akan dilakukan, sehingga data yang diambil sesuai dengan prosedur yang telah ditentukan.

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