BAB 7
SIMPULAN DAN SARAN

7.1 Simpulan

Berdasarkan hasil penelitian yang telah dilakukan, dapat disimpulkan bahwa terdapat pengaruh ISPA terhadap kejadian otitis media akut pada anak usia 0-5 tahun di Poliklinik THT-KL RS PHC Surabaya dengan p-*value* = 0,019 ($p<0,05$).

7.2 Saran

7.2.1 Bagi Penelitian Selanjutnya

Peneliti selanjutnya disarankan untuk meneliti faktor-faktor risiko otitis media akut lain seperti hipertrofi adenoid, rinitis alergi, dan paparan asap rokok. Penelitian sebaiknya dilakukan juga di Poliklinik Anak sehingga sampel yang didapatkan lebih banyak.

7.2.2 Bagi Masyarakat

Masyarakat disarankan untuk tidak menganggap remeh ISPA yang terjadi pada anak. Apabila ditemukan gejala-gejala ISPA seperti demam, hidung tersumbat, pilek, batuk, serta nyeri tenggorokan, penanganan pada anak sebaiknya segera dilakukan. Konsultasi ke dokter dapat dipertimbangkan apabila gejala memberat atau tidak kunjung membaik. ISPA pada anak penting untuk sesegera mungkin diatasi sehingga otitis media akut tidak terjadi.

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