III.B.1-2. Food Research-The effect of rotary drying temperature on drying

by maria maria

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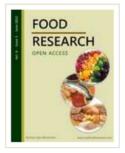
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A review on production, application, and toxicological analyses of nanocrystalline cellulose as a novel fat replacer food additive

Aida Safina, A., Chin N.L., Nur Akmal, I., Nor Nadiah, M.Y. and Yus Aniza, Y.

Available Online: 5 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).231

Aida Safina et al. reviewed on the production, application and toxicological analyses of nanocrystalline cellulose as a novel fat replacer food additive.

Full Papers

Moisture content and application rates of inert dust: effects on dust and wheat physical properties

Yao, K.D., Subramanyam, B. and Maghirang, R.G.

Available Online: 5 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).280

Yao et al. studied on the effects on dust and wheat physical properties on the moisture content and application rates of inert dust.

Preparation of a protein drink from fish protein hydrolysate obtained from tilapia skin waste

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Available Online: 5 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).342

Osiriphun et al. developed a protein drink from fish protein hydrolysate obtained from tilapia skin waste.

The addition of lactic acid bacteria in the soybean soaking process of tempeh

Magdalena, S., Hogaputri, J.E, Yulandi, A. and Yogiara, Y.

Available Online: 5 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).304

The addition of lactic acid bacteria in the soybean soaking process of tempeh was studied by Magdalena et al.

Breadfruit (*Artocarpus altilis*) starch-based nanoparticle formation through dropwise mixing nanoprecipitation

Harsanto, B.W., Pranoto, Y., Supriyanto and Kartini, I.

Available Online: 8 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).308

Harsanto et al. formed breadfruit (Artocarpus altilis) starch-based nanoparticle through dropwise mixing nanoprecipitation.

Physical properties and sensory acceptability of gum arabic-coated cherry tomato fruit during storage

Sumonsiri, N., Charoensantisuk, K., Paonoi, N. and Kittayangkul, P.

Available Online: 8 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).395

The physical properties and sensory acceptability of gum arabic-coated cherry tomato fruit during storage was evaluated by Sumonsiri *et al*.

Physicochemical properties of yam starches from fifty-five lines of Dioscorea species

Olayide, S.L., Kehinde, O.S., Adeolu, A.A., Olushola, S.A., Nishinari, K. and Simphiwe, M.N.

Available Online: 8 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).224

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Whey protein concentrate mixed beverages and plasma amino acid response in young males

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Available Online: 8 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).630

Klaewkla *et al.* evaluated the plasma amino acid response in young males consuming whey protein concentrate mixed beverages.

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Goh, K.M., Lee, S.W. and Nyam, K.L.

Available Online: 11 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).590

The antioxidant activities and polyphenol compounds of kenaf leaf tea infusion after in-vitro gastrointestinal digestion and consumer perception survey was conducted by Goh *et al.*

Assessment of *Pseudomonas aeruginosa* biofilm-forming capacities from drinking water in water vending machine

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Elexson *et al.* assessed the biofilm-forming capacities of Pseudomonas aeruginosa from drinking water in water vending machine.

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Nurani, L.H., Edityaningrum, C.A., Suhaera, Windarsih, A., Riyanto, S. and Rohman, A.

Available Online: 11 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).331

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Halal food: a social responsibility on cartel meat issue in Malaysia

Mohd Riza, N.S., Md Ariffin M.F., Hamdan, M.N. and Ramli, N.

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Mohd Riza et al. evaluated the social responsibility on cartel meat issue on halal in Malaysia.

A comparative study of the physico-chemical properties of prominent cocoa bean in Southern Vietnam

Lam, T.V.H., Phan, T.B.T., Truong, T.N. and Ha, T.T.

Available Online: 14 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).359

Lam et al. performed a comparative study on the physico-chemical properites of prominent cocoa bean in Southern Vietnam

Comparison of the mass tissue strength of strawberry fruit between vertical and horizontal compaction

Ansar, A., Murad, M., Sukmawaty, S. and Ilmaknun, L.

Available Online: 14 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).373

The meat tissue strength of strawberry fruit between vertical and horizontal compaction was compared by Ansar *et al.*

Optimum condition of roasting process of Liberica coffee towards the local and international preference

Halim-Lim, S. A., Wan-Mohtar, W.A.A.Q.I., Surapinchai, S. and Azizan, N.A.Z.

Available Online: 14 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).340

The optimum conditions of roasting process of Liberica coffee towards the local and international preference was evaluated by Halim-Lim *et al*.

Optimization of heat treatment and pH of red and white pear cactus [*Opuntia ficus-indica* (I.) mill.] fruit juice using response surface methodology

Abdulkadir, N., Solomon, W.K. and Woldetsadik, K.

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Abdulkadir *et al.* optimized the heat treatment and pH of red and white pear cactus [*Opuntia ficus-indica* (I.) mill.] fruit juice using response surface methodology

Meatball model of porcine DNA detection by TaqMan probe real-time PCR

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Available Online: 19 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).384

Sajali et al. evaluated the meatball model of porcine DNA detection by TagMan probe real-time PCR.

Simultaneous determination of nitrite and nitrate in meat and meat products using ion-exchange chromatography

Mazumdar, R.M., Sharif, M., Khan, T.A., Rahman, M.M. and Abdullah A.T.M.

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Mazumdat *et al.* performed a simulatenous determination of nitrite in meat and meat products using ion-exchange chromatography.

Prediction of diffusion coefficient for losses of minerals from potato during frying

Samir, Z.T., Saeed, S.K., Mohammed, N.K., and Abdul-Rezzak, R.K.

Available Online: 19 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).382

Samir et al. predicted the diffusion coefficient for losses of minerals from potato during frying.

Effects of lyotropic series salts on the functional properties of bambara groundnut (*Voandzeia subterranean*) protein isolate

Lawal, O.S., Sodeinde, K.O., Adediran, A.A., Nishinari, K., Olatunji, O.S., and Ayanda, O.S.

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The effects of lyotropic series salts on the functional properties of bambara groundnut (*Voandzeia subterranean*) protein isolate were studied by Lawal *et al.*

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The physicochemical properties of post laying hen breast meat thawed using various methods were studied by Dwiloka *et al.*

Anthropometry indicators that are most related to metabolic profiles in female college students

Dieny, F.F., Rose S., Tsani, A.F.A., Jauharany, F.F. and Fitranti, D.Y.

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Dieny et al. evaluated the anthropometry indicators that are most related to metabolic profiles in female college students.

Screening of Lactobacillus rhamnosus-producing gamma aminobutyric acid (GABA) isolated from Sumbawa mare milk and its potential application to increase GABA content in fermented milk

Nursini, N.W., Antara, N.S., Sugitha, I.M. and Sujaya, I.N.

Available Online: 22 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).380

Nursini et al. screened Lactobacillus rhamnosus-producing gamma aminobutyric acid (GABA) isolated from Sumbawa mare milk and studied on its potential to increase GABA content in fermented milk.

The effect of rotary drying temperature on drying characteristic and antioxidant activity of *Etlingera* elatior Jack

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The effect of rotary drying temperature on the drying characteristics and antioxidant activity of *Etlingera elatior* Jack was studied by Simanjuntak *et al*.

The effect of differences in ozonation time and storage temperature on physical, chemical, and sensory characteristics of Japanese spinach (*Spinacia oleracea* L.)

Prabawa, S., Safitri, D.I., Rofandi, H., Amanto, B. and Yudhistira, B.

Available Online: 26 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).350

Prabawa *et al.* studied the effect of differences in ozonation time and storage temperature on physical, chemical and sensory characteristics of Japanese spinach (*Spinacia oleracea* L.)

Development and acceptability of value-added products from green mussel (*Perna viridis*) in Samar, Philippines

Sorio, J.C. and Arcales, J.A.A.

Available Online: 26 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).320

Sorio and Arcales developed and evaluated the acceptability of value-added products from green mussel (*Perna viridis*) in Samar, Philippines.

Identification and quantification of sodium benzoate in soft drinks available in Tangail region by highperformance liquid chromatography

Esrafil, M., Akter, S., Alam, M.J., Haque, M.A., Zubair, M.A. and Khan, M.S.H

Available Online: 26 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).348

Esrafil *et al.* identified and quantified sodium benzoate in soft drinks available in Tangail region using high-performance liquid chromatography.

Comparison between Polymerase Chain Reaction and Loop Mediated Isothermal Amplification for the detection of *Staphylococcus aureus* in food

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Available Online: 29 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).335

Bashar *et al.* compared Polymerase Chain Reaction and Loop Mediated Isothermal Amplification for the detection of *Staphylococcus aureus* in food.

Studies on the effect of methionine level on cheese colour as a solid substrate of *Monascus purpureus* JK2 fermentation

Sulandari, L., Utami, T., Hidayat, C. and Rahayu, E.S.

Available Online: 29 MAY 2022 I https://doi.org/10.26656/fr.2017.6(3).422

The effect of methionine level on cheese colour as a solid substrate of *Monascus purpureus* JK2 fermentation was study by Sulandari *et al*.

Effectiveness of banana juice (*Musa acuminata* Linn.) on blood pressure, blood sugar levels, and low-density lipoprotein in elderly

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Fitri, Y., Suryana, S., Ahmad, A., Hendra, A., Fitrianingsih, E., Arnisam and Yunianto, A.E.

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The effectiveness of banana juice (*Musa acuminata* Linn.) on blood pressure, blood sugar levels, and low-density lipoprotein in elderly was studied by Fitri *et al*.

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Banin, M.M., Azizah, A., Jusni, Farahdina, R., Candra, K.P., Saragih, B. and Yuliani

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Banin et al. developed and evaluated the quality of jelly coated tapai as a cocktail product.

Conversion of left-over ice cream into bakery product for food sustainability

Jamaludin, N.S., Baharuddin, A.S., Karim, S., Wakisaka, M. and Rahman, N.A.A.

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Jamaludin *et al.* studied on the conversion of left-over ice cream into bakery product for food sustainability.

Simultaneous analysis of patin fish oil (*Pangasius micronemus*) and bandeng (*Chanos chanos*) fish oil using FTIR spectroscopy and chemometrics

Ikhsan, A.N., Irnawati, I. and Rohman, A.

Available Online: 5 JUNE 2022 I https://doi.org/10.26656/fr.2017.6(3).353

Ikhsan et al. performed a simultaneous analysis of patin fish oil (*Pangasius micronemus*) and bandeng (*Chanos chanos*) fish oil using FTIR spectroscopy and chemometrics.

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Barakat, H.

Available Online: 5 JUNE 2022 I https://doi.org/10.26656/fr.2017.6(3).411

Barakat studied the organoleptic acceptability and nutritional evaluation of innovative *Moringa oleifera* leaves- based herbal teas incorporated various aromatic herbs.

Optimization of roasting temperature and time of the durian seed (*Durio zibethinus* L.) as coffee substitution and its flavour profile

Natania, K. and Wijaya, E.

Available Online: 5 JUNE 2022 I https://doi.org/10.26656/fr.2017.6(3).413

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Natania and Wijaya optimized of roasting temperature and time of the durian seed (*Durio zibenthinus* L.) as coffee substitution and its flavour profile.

Development of pastilles from flesh and rind of watermelon

Din, S.N., Mubarak, A., Lani, M.N., Yahaya M.Z. and Wan Abdullah, W.Z.

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Din et al. developed pastilles from flesh and rind of watermelon

The effect of konjac glucomannan and Aloe vera gel concentration on physical and mechanical properties of edible film

Warkoyo, Purnomo, I., Siskawardani, D.D. and Husna, A.

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Warkoyo *et al.* evaluated the effect of konjac glucomannan and Aloe vera gel concentration on physical and mechanical properties of edible film.

The effects of adding lysine to sap on chemical characteristics and antioxidant activity of granulated coconut sugar

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The effects of adding lysine to sap on chemical characteristics and antioxidant activity of granulated coconut sugar were studied by Haryanti and Sulistyo.

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Aini, N., Dwiyanti, H., Setyawati, R., Handayani, I., Septiana, A.T., Sustriawan, B. and Aena, D.A.Q.

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The chemical and microbiological analysis of fermented probiotic watermelon juice were studied by Lani *et al.*

Phytochemical content and antioxidant activity of Komba-komba (Eupatorium odoratum L)

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Pham, T.V., Nguyen, M.T.P., Do, L.V., Truong, M.N., Vo, A.N., Van, K.C. and Le, T.D.

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Pham *et al.* studied on the effect of operational conditions on physicochemical profiles of spray-dried powder of mango (*Mangifera indica* L.) juice from Tu Quy variety in Vietnam.

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Lihan, S., Jalin, F.J.E., Mohd-Azlan, J., Chiew, S.T. and Chai, L.C.

Available Online: 19 JUNE 2022 I https://doi.org/10.26656/fr.2017.6(3).208

Lihan *et al.* characterized Enterobacteriaceae and Pseudomonadaceae isolated from natural salt licks in Sarawak Borneo.

Cryogenic freezing preserves the quality of whole durian fruit for the export market

Razali, N.A., Wan Ibrahim, W.M., Safari, S., Rosly, N.K., Hamzah, F.A. and Wan Husin, W.M.R.

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Razali et al. studied on the quality of cryogenic freezing of whole durian fruit for the export market.

Effect of jambu mawar [Syzygium jambos (L.) Alston] leaves extract on natural microbial populations in food

Ali, S.K., Son, R., Nor Khaizura, M.A.R. and Rukayadi, Y.

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The effects of extraction methods on the antioxidants and methoxyflavones of *Kaempferia parviflora* were studied by Chaisuwan *et al*.

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Vuong, K.M., Tram, N.B., Tuyen, L.N., Vy, L.T.T., Tai, N.V. and Thuy, N.M.

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Vuong *et al.* evaluated the effects of replacing a part of wheat flour with starchy food containing high levels of resistant starch in noodles processing.

Antioxidant, anti-tyrosinase, and anti-angiogenic activities of dragon fruit (Hylocereus spp.)

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Available Online: 30 JUNE 2022 I https://doi.org/10.26656/fr.2017.6(3).593

Priatni *et al.* optimized the enzymatic hydrolysis of boso fish (*Oxyeleotris marmorata*) protein based on the degree of hydrolysis and the physical properties of the resultant hydrolysates.

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Acevedo-Espinoala and Torres-Obregón studied on immunonutrition as a potential strategy for COVID-19 prevention.

Analysis of amino acids in food using High Performance Liquid Chromatography with derivatization techniques: a review

Lestari, L.A., Rohman, A., Riswahyuli, Purwaningsih, S., Kurniawati, F. and Irnawati

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Lestari *et al.* reviewed on the analysis of amino acids in food using High Performance Liquid Chromatography (HPLC) with derivatization techniques.

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The effect of rotary drying temperature on drying characteristic and antioxidant activity of *Etlingera elatior* Jack

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Abstract

The study was conducted to investigate the effect of drying temperature on a rotary type of dryer for drying characteristics and antioxidant activity of Etlingera elatior flower. This study used a lab-scale rotary dryer which was a modification of the commercial oven heater from the market. The research design was a Randomized Block Design (RCBD) with one factor, i.e. the drying temperature, which consisted of four temperature levels, 60°C, 70°C, 80°C and 90°C. All experiments were repeated six times. The results showed that the drying of Etlingera elatior flowers at three different temperatures (70°C, 80°C and 90°C) required a shorter drying time than that of 60°C. The drying rate of the samples at 70°C, 80°C and 90°C was drastically decreased before the 200th min, while 60°C took a long time to 380 mins. The drying rate pattern with the drying temperature of 60°C showed a significantly lower total phenolic content of Etlingera flowers compared to 70°C, 80°C and 90°C, while there was no significant difference in total phenolic content among 70°C, 80°C and 90°a. In addition, different drying temperatures did not give a significant effect on the antioxidant activity based on the DPPH (2,2-diphenyl-1picrylhydrazyl radical) method. This study proposed the effectiveness of drying using a rotary dryer in maintaining the total phenolic content and antioxidant activity of Etlingera flowers.

1. Introduction

Etlingera elatior Jack (ginger red/torch ginger) is a spice plant that is included in the Zingiberaceae family that is quite widespread in Indonesia. This herb plant can be found in several regions in Southeast Asia (Wijekoon et al., 2010; Nor et al., 2020) with different names, such as Kincung in Medan, Rias in North Tapanuli, Sambuang in Minangkabau, Kecicang in Bali, Siantan in Malaya and Daalaa in Thailand (Health Research and Development Agency of Indonesia, 2000; Lacumy et al., 2010; Nor et al., 2020). Etlingera elatior flower is potential as a food flavouring (seasoning) in cooked, sauteed, or heated (Noweg et al., 2003, Juwita et al., 2018) as in fish processing (pepes fish, grilled fish, and fried). Fish cooked with Etlingera will taste better and the fishy aroma will be reduced (Sukandar et al., 2011). In addition, this plant is efficacious in deodorizing body odour and bad breath (Health Research and Development Agency of Indonesia, 2000; Aldi et al., 2020), natural cosmetic ingredients (Chan et al., 2007). The profile of E. elatior Jack is shown in Figure 1a.

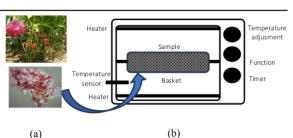


Figure 1. Etlingera elatior Jack (a) and Rotary dryer lab-scale (b)

The benefits offered by *Etlingera* flower are correlated to phytochemical compounds, such as alkaloids, saponins, tannins, phenolics, flavonoids, triterpenoids, steroids, and glycosides (Naufalin *et al.*, 2005; Setiawati, 2018). A previous study showed that flavonoids, terpenoids, saponins, tannins, and carbohydrate compounds from *etlingera* flowers can be extracted using 80% methanol as the solvent (Lachumy *et al.*, 2010). Furthermore, *E. elatior* has been destribed to exhibit many biological activities (Lachumy *et al.*, 2010; Chan *et al.*, 2009; Puttarak *et al.*, 2014; Juwita *et al.*, 2018; Nor *et al.*, 2020; Putri, 2021).

investigations phytochemical compounds of the Etlingera flowers have the potential of becoming a source of antioxidants. The methanolicand ethanolic extracts of them have been proven to scavenge DPPH 5 (2,2-diphenyl-1picrylhydrazyl) free radical (Chan et al., 2007). The inhibition of DPPH radical was successfully performed by Etlingera flowers' methanolic extract at the concentration of 9.14 mg/mL (Lachumy et al., 2010) as well as its aqueous extracts at the concentration of 76.4% (Gasemzadeh et al., 2015). Naufalin and Rukmini (2011) also found that the Etlingera flower has a higher potential antioxidant activity (61.61-83.17%) than its leaf (40.64-60.40%) and stem (57.42-84.65%).

In general, fresh etlingera flower usually has moisture contents of more than 80%, so it is a gry perishable commodity (Sagar and Kumar, 2010). The shelf life of Etlingera flower can be extended by reducing its moisture content using drying methods. Several drying methods, such as air-, freeze-, microwave -, vacuum-, oven- and sun-drying, have different effects on the quality of dried material. Variation of drying temperature using a specific drying method can also influence the losses or preservation of minimization compounds (Kamiloglu et al., 2016). Can et al. (2019) studied the effect of various drying types, such as oven drying, microwave, oven, sun drying, and freeze-drying on the antioxidant properties of E. elatior leaves. The total phenolic content of E. elatior leaves subjected to freeze-drying was found to be higher compared to other drying methods. Another study by Rohkyani and Suryani (2015) showed drying using an oven at 65°C resulted in the highest DPPH scavenging activity (66.43%) of Etlingera flowers compared to 85°C (56.76%).

Rotary drying is another drying method that has not gen widely applied in the drying of food commodities. Delele *et al.* (2015) informed that rotary dryers are capable of processing a variety of agricultural products with a wide range of thermo-physical and flow properties, and improve the efficiency of the drying process. To the best of our knowledge, there is still few information regarding the antioxidant characteristics of *E. elatior* flowers dried using a rotary dryer.

Several studies utilized the rotary drying method to preserve food material. Kaleemullah (2005) used rotary drying to 10.5 kg chilli with an initial moisture content of 330% (dry basis) in the temperature range of 50 – 65°C. The study showed that the moisture content is reduced to 10.0% (dry basis) after being dried for 32 hrs, 27 hrs, 23 hrs, and 20 hrs at 50°C, 55°C, 60°C and 65°C, respectively. Tarhana (2010) examined the drying of 15 kg peppermint using a rotary dryer for 15 - 18 hrs and 12

- 15 hrs. Drying can cause the leaves to darken, but the essential oil content is the much different from 2.08 - 2.7 mL/100 g dry matter. The specific energy consumption values have ranged from 7.88 to 15.08 MJ/kg of moisture removed). Daily fluctuations in ambient air conditions directly affected the specific energy consumption of a rotary dryer. Ademiluyi et al. (2010) also uses a rotary dryer to dry fermented cassava with parameter tests, including dry air inlet temperature, dry air inlet velocity, celative humidity, feed rate, drum rotational per min and feeding. The results showed that the dry air inlet temperature, the dry air inlet velocity, and the feed rate give a significant effect on the specific heat transfer coefficient and heat load on the material.

This study aimed to investigate the effect of rotary drying temperature on drying characteristics and antioxidant activity of E. elatior flowers that incoding moisture content, drying rate, total phenol, and DPPH free radical scavenging activity. Antioxidant activity analysis was carried out to determine the potential antioxidant activity of Etlingera flowers dried under different drying temperatures (60°C, 70°C, 80°C and 90°C) using a rotary dryer. The antioxidant activity was obtained by comparing the antioxidant activity of water extract of Etlingera flower petal powder at various drying temperatures with gallic acid and calculating its ability to reduce DPPH free radicals based on the percentage of inhibition (% inhibition). This study used a lab-scale rotary dryer made from a modified commercial oven heater.

2. Materials and methods

Fresh *E. elatior* flowers were obtained from the traditional market around Medan city, Indonesia. All chemicals used were of analytical grade. The DPPH (2,2-diphenyl-1-picrylhidrazyl free radical) was purchased from Sigma Aldrich Chemicals (St. Louis, Missouri, United States), gallic acid, Folin-ciocalteu phenol, sodium carbonate, methanol was obtained from Merck and Co. Pharmaceutical Company (New Jersey, United States), and aquadest was bought from PT. Surabaya Aqua Industry, Indonesia.

The petals of fresh *E. elatior* flowers were collected and the knobs were discarded. The fresh flower petals were chopped to a size of about 1 cm. For each experiment, around 400±0.1 g (Ohaus PA 224) of fresh petals was inserted into the drying basket and filled about 50% volume of the basket. Commercial electric oven (Oxone type OX-8830, 30 L in volume) with modification was pre-heated to the set temperature until a steady condition was achieved, followed by inserting the drying basket containing samples into the oven. The drying air temperatures used were 60°C, 70°C, 80°C,

and 90°C while the basket rotates at around 3 rpm. The experimental setup was shown in Figure 1b. The experimental setup is shown in Figure 1b. During the drying process, the samples were taken out, immediately weighed, and put back into the oven. The process was done periodically every 20 min until the samples reached a constant weight and the drying process was terminated. The moisture content was calculated based on a wet basis with Equation 1:

$$\label{eq:mc_model} \text{MC (\%)} = \frac{M_{\text{H2O}}}{M_{\text{total}}} \times 100\% \tag{1}$$

Where MC = moisture content (%), $M_{\rm H2O}$ = mass of moisture (3) and $M_{\rm total}$ = mass of solid + mass of moisture (g)

The drying rate was calculated from the Equation 2:

$$DR \left(\%/min \right) = \frac{MC_{to} - MC_{t1}}{\Delta t}$$
 (2)

Where DR = drying rate (%/min), MC_{t0} = moisture content at time t (g), MC_{t1} = moisture content at t + 20 min (g) and Δt = time interval (min).

The two transfer processes simultaneously occur in thermal drying: i.e. heat or energy transfer and mass transfer. Energy transfer occurs from the environment to vaporize moisture present on the surface of a material/product. Convection heat transfer takes place due to temperature differences between the surface of the material and the dry air. Vaporization is the evaporation of moisture at at on the surface of the material. When heat moves from the outside to the inside of the material, moisture that is located inside the material will diffuse out to the material's surface due to differences in moisture content.

2.1 Extraction of samples

The samples were extracted by the soxhlet extraction method (Widyawati *et al.*, 2014). As much as 3 g of fresh *E. elatior* petals were wrapped in a filter paper and put into a soxhlet tube (timbre) that had been filled with 50 mL of water as the solvent. The extraction was carried out at its boiling point for 4 hrs until the solvent's colour in the timbre became colourless. The obtained extract was evaporated by a rotary evaporator under a vacuum at a temperature of 65-80°C, a pressure of 250 - 300 mbar, and a rotational speed of 40 rpm. The evaporation was run for 10 mins to obtain 2.5 mL of a concentrated extract. The concentrated extract was placed in vials and stored in the freezer until further analysis.

2.2 Total phenolic content analysis

Analysis of total phenolic content was based on the

oxidation reaction of phenol compounds to produce a solution from reducing yellow polyphosphoric molybdate tungstate anions (Muntana and Prasong, 2010). In brief, 20 µL of Etlingera flower extract was added to 1 mL of 10% Folin Ciocalteau reagent in a 10 mL flask bottle. The mixture was shaken and left for 5 mins Then, 2.0 mL of 7.5% Na₂CO₃ and distilled water were subsequently added to the mixture until a volume of 10 mL was achieved. The mixture was allowed to stand for 30 mins and the absorbance of the samples was measured at λ 760 nm (UV-Vis spectrophotometer, Shimadzu 1800). Data were analysed against gallic acid as a standard solution (mg GAE/g samples) (Siddiqui et al., 2017).

2.3. DPPH free radical scavenging activity analysis

The assay of DPPH free radical scavenging activity was based on Sompong *et al.* (2011) with some modifications. As much as 3 mL of DPPH solution (4 mg/100 mL in methanol) was added to 20 μ L of the extract and methanol until the volume reached 10 mL in a 10 mL flask bottle. The samples were incubated for 30 mins in a dark chamber. The absorbance of each sample was measured at λ 517 nm by a spectrophotometer (UV-Vis spectrophotometer, Shimadzu 1800). Data were analysed against gallic acid as a standard solution (mg GAE/g samples).

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3. Results and discussion

3.1 Moisture content and drying rate

The initial moisture content of each sample for temperatures 60°C, 70°C, 80°C, and 90°C was 87.53%, 88.03%, 88.1%, and 87.53% (w/w). During the drying process, the changes in moisture content occurred as shown in Figure 3 and these changes in moisture content are proportional. As for the temperature of 60°C, the change is much slower. For each drying temperature of 90°C, 80°C, 70°C, and 60°C, the moisture content will approach 0% after 240, 260, 320, and 480 mins, respectively. The decrease in moisture content follows a straight line until the moisture content approaches 0%. The decrease indicates that the process of moisture evaporation takes place constantly for each period of measurement. The moisture content for each experiment calculated based on Equation 1 is shown in Figure 2.

The drying rate during the experiment calculated using Equation 2 is shown in Figure 3. The constant drying rate looks long enough for all types of temperatures. The constant drying period of around 220 mins was nearly the same for drying temperatures of 70° C, 80° C, and 90° C. During this period, the drying rate is around 1.25-30 g/min of measurement. At 60° C, the drying rate is around 0.75 g/min and lasts for about 380

mins. The duration of this constant rate period is due to the high moisture content contained in fresh *E. elatior* flowers. Moisture content for all samples was around 90% and a large amount of moisture content is present on the surface of the sample. The low thickness of the sample also allows the moisture on the inside or middle to evaporate to the surface with minimum difficulty. The fall rate period was shorter than the constant rate period, which was around 40 to 100 mins for experiments with temperatures of 90°C, 80°C, and 70°C. As for the drying temperature of 60°C, the time was around 240 mins.

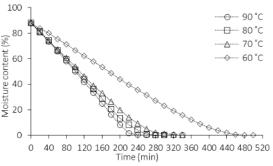


Figure 2. The moisture content of *Etlingera elatior* Jack flowers at various drying temperatures.

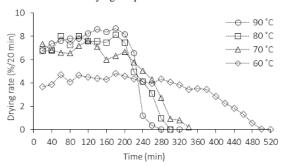


Figure 3. The drying rate of *Etlingera elatior* Jack flowers at various drying temperatures.

The second falling rate period has a shorter time than the previous period. A shorter time indicates that after experiencing a critical condition, the moisture content of *E. elatior* flowers will then be low. During the second falling rate period, 10° drying rate would be controlled by the diffusion rate of moisture from the inner surface of the sample. This process was conducted until it reached an equilibrium state or until the moisture content has completely evaporated (Nurafifah *et al.*, 2018). Data in Figure 3 showed a constant drying rate lasting up to 20% of moisture content. After that, the drying rate will decrease rapidly. Moisture content in this range is a critical condition where the drying rate will be significantly influenced by the rate of moisture transportation from the centre to the surface.

3.2 Antioxidant activity

The total phenolic content describes the amount of phenol compounds present in a sample. Phenol compounds can facilitate redox reactions, thus can act as antioxidants (Johari and Khong, 2019). The total phenolic content of Etlingera flower powder produced using various temperatures of rotary dryer is shown in Figure 4. The results showed total phenolic content of Etlingera flower powder produced under the temperature of 60°C (1.216±0.146 mg gallic acid equivalent/g samples) was statistically lower from that of 70°C, 80°C, and 90°C (2.558±0.385 - 2.165±0.609 mg gallic acid equivalent/g samples). The trend of increasing total phenolic content was observed when the drying temperature increased to 70°C, followed by a decrease after the heating temperature was elevated to 90°C. However, no significant difference in total phenolic content was found from the drying temperatures of 70°C, 80°C, 90°C. The obtained results revealed that the phenolic compounds in E. elatior flowers were thermostable and could be maximally extracted under the drying temperature of 70°C. Złotek et al. (2019) also discovered the thermostability of phenolic compounds derived from white quinoa after being subjected to drying using a single convection dryer under various drying temperatures (30°C, 40°C, 60°C). Generally, the secondary metabolites contained in plants are in the form of free metabolites or bonded to other metabolites. Vanic acid possesses a thermostable characteristic at various dry temperatures, which is similar to p- hydroxybenzoic acid, p-coumaric acid, salicylic acid, and ferulic acid. Naufalin et al. (2005) reported gingera flowers contained phytochemical components, such as alkaloids, saponins, tannins, phenolics, flavonoids, triterpenoids, steroids, and glycosides. In contrast, Liaotrakoon and Liaotrakoon (2018) observed a decrease in the total phenolic content and antioxidant activity of mushrooms after being dried using an oven under the temperatures of 40°C, 50°C, and 60°C with an extended drying time.

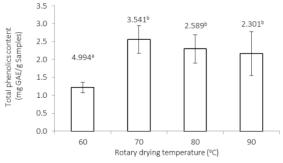


Figure 4. Total phenolics content of *Etlingera elatior* Jack floors at various drying temperatures. Values are presented as means of six replicates. Values with different superscripts are significantly different, p<0.05.

Therefore, it can be concluded that drying using the rotary dryer with a higher temperature and longer time up to 4 hrs could maintain the total phenolic content of a material.

DPPH is a free radical that has a maximum absorbance at 517 nm in methanol. The scavenging of DPPH by the addition of antioxidants is indicated by the change in solvent's colour from purple to yellow (Sayed et al., 2015). The ability of Etlingera flowers to scavenge DPPH free radicals tended to increase along with increasing drying temperature (Figure 5). In addition, the drying process of Etlingera flowers using the rotary dryer with temperatures ranging from 60-90°C for 4 hrs did not significantly change its DPPH scavenging activity, which indicated the ability of the rotary drying method to effectively maintain both total phenolic content and antioxidant activity of Etlingera flowers. On the contrary, different results from Liaotrakoon and Liaotrakoon (2018) revealed a decrease in the antioxidant activity of mushrooms after being subjected to the oven drying process.

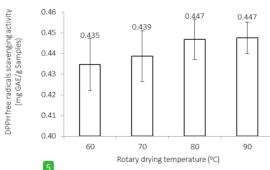


Figure 5. DPPH Free Radical scavenging activity of *Etlingera elatior* Jack flowers at various drying temperatures.

Furthermore, 4 correlation was found between the antioxidant activity and the total phenolic content of Etlingera flowers. The coefficient determination of less than 0.95 ($R^2 = 0.3318$) indicated an increase in total phenolic content was not closely related to an increase in the DPPH free radical scavenging activity. This result was not in line with Piluzza and Bullitta (2011) where the DPPH and ABTS free radicals scavenging activity were positively correlated with total phenolic content with $R^2 = 0.9152$ and $R^2 = 0.889$, respectively. Gan et al. (2017) also noted total phenolic content was linearly correlated with antioxidant activity (iron ion reducing power, hydroxyl free radical scavenging activity and lipid oxidation inhibition activity). Khiya et al. (2021) added a high positive correlation between phenolic compounds and antioxidant activity $(R^2 = 0.932)$, showing the phenolic compounds may have contributed to the antioxidant activity of Salvia officinalis leaves.

This absence of correlation in this study depicted the possibility of other phytochemical compounds influencing the antioxidant activity of Etlingera flowers. Naufalin et al. (2005) and Setiawati (2018) showed that the phytochemical compounds that comprise Etlingera flowers are alkaloids, glycosides, phenolics, terpenoids, steroids, saponins, and flavonoids, with alkaloids as the dominant compound. Alkaloids and phenolic compounds are very important as antioxidants, with alkaloids possessing a stronger antioxidant activity. Quezada et al. (2004) showed the presence of alkaloids and flavonoids exhibited high antioxidant potency of Boldo (Peumus boldus Molina) extract. Benabdesselam et al. (2007) also found that total quinolizidine alkaloid contents of Fumaria capreolata (426 mg/100 g) and Fumaria bastardii (521 mg/100 g) extracts exhibited a strong total antioxidant activity.

4. Conclusion

The time required for drying Etlingera flowers using a rotary dryer did not much differ among the temperatures of 70°C, 80°C, and 90°C and was shorter compared to 60°C. A rapid decrease in drying rate was experienced by Etlingera flowers before the 200th min of drying process under 70°C, 80°C, and 90°C, while longer time (380 mins) occurred when using a drying temperature of 60°C. Drying with a rotary dryer was found to effectively maintain the total phenolic content of Etlingera flowers, although the drying process was performed under a quite high temperature for 4 hrs. In addition, drying with rotary drying at $60 - 90^{\circ}$ C for 4 hrs did not change the DPPH free radical scavenging activity. Accordingly, the patry drying method was very effective in maintaining the total phenolic content and antioxidant activity of Etlingera flowers.

Conflict of interest

The authors declare no conflict of interest.

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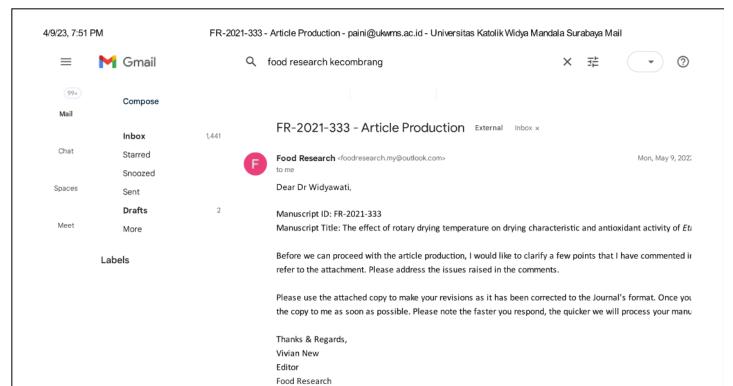
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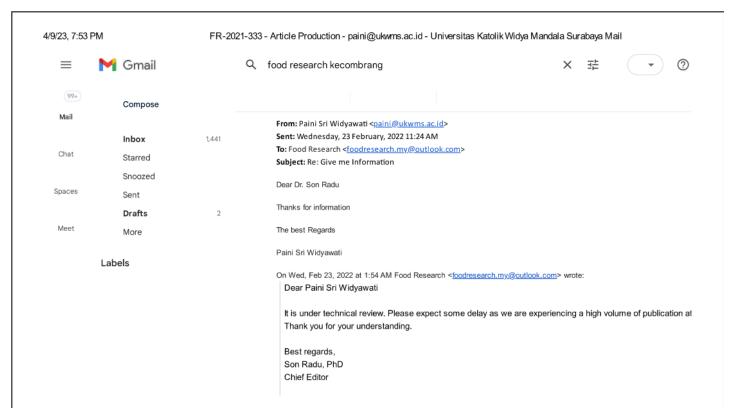
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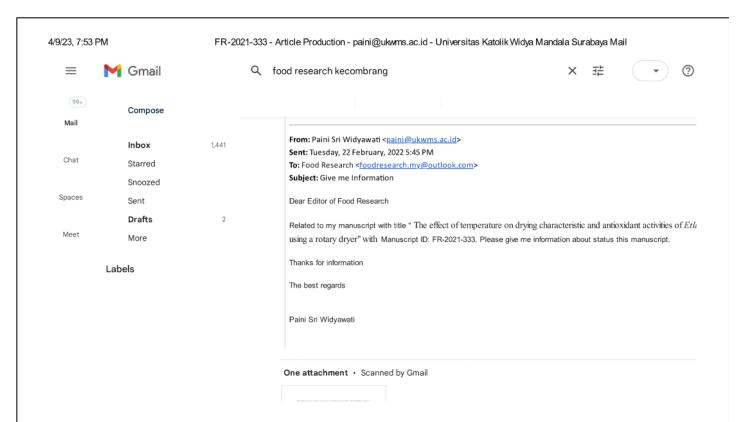
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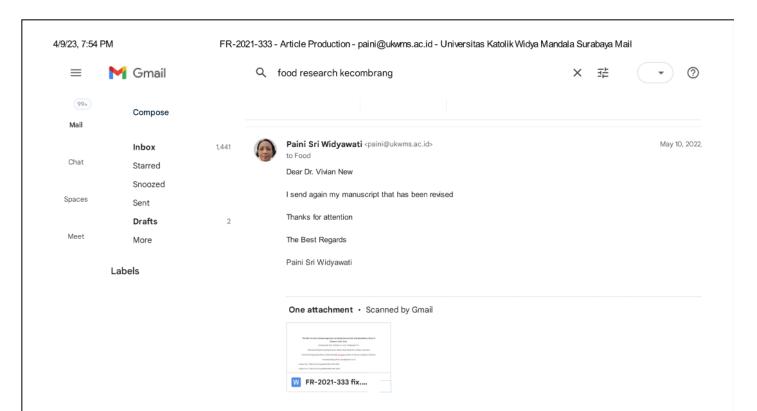
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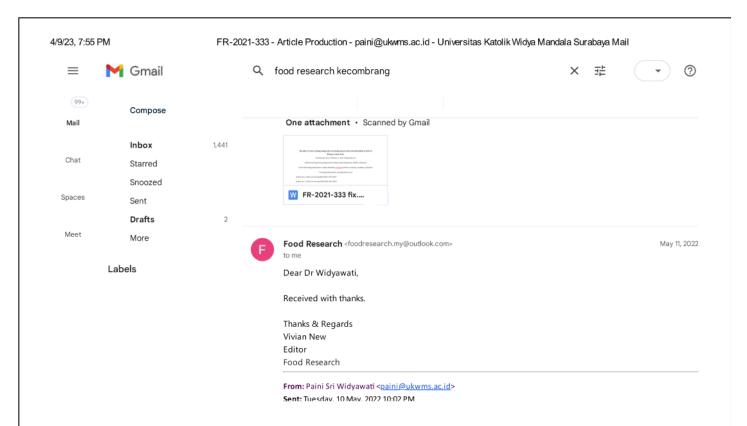
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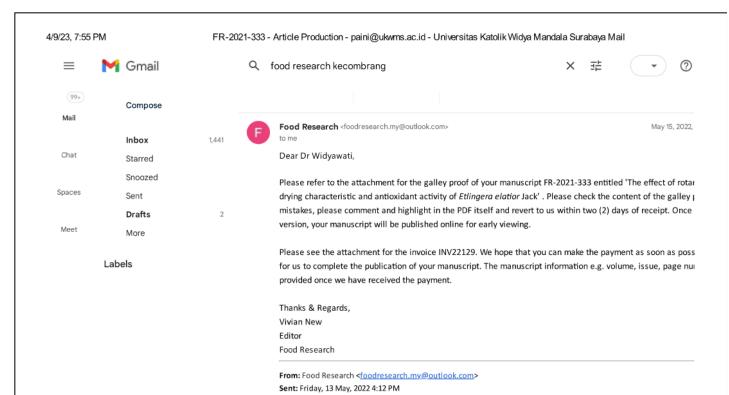


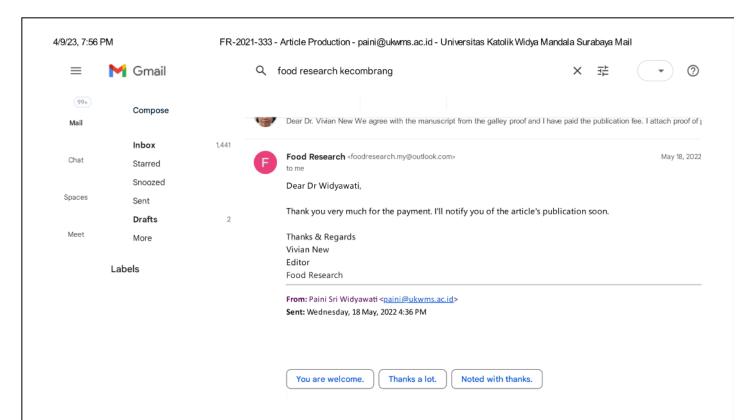












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