

## **BAB 5**

### **KESIMPULAN DAN SARAN**

#### **5.1 Kesimpulan**

Berdasarkan hasil penelitian kajian pustaka dari enam jurnal ilmiah terkait efektivitas dan keamanan penggunaan furosemid pada pasien gagal jantung dapat disimpulkan bahwa:

1. Furosemid dengan dosis (2 x 216mg) *continuouse infusion* dan *standart dose* (41-160mg) iv, dapat memberikan efektivitas penurunan melalui parameter pro-BNP dan Tekanan Darah.
2. Dosis captopril (1x12,5mg) po ditambah Furosemid (2 x 40mg) iv, captopril (1x12,5mg) po ditambah furosemid (2 x 80mg) iv dan furosemide (1,65 mg/kg – 3,2 mg/kg) iv/hari dapat menimbulkan efek samping mayor yaitu hipokalemia.

#### **5.2 Saran**

1. Perlu dilakukan penelitian lebih lanjut mengenai penggunaan diuretik furosemid selama pengobatan.
2. Perlu dilaksanakan kajian pustka dengan memperluas database yang digunakan sehingga jurnal ilmiah yang digunakan dapat semakin banyak untuk mendapatkan kesimpulan yang lebih objektif mengenai efektivitas dan keamanan penggunaan diuretik pada pasien gagal jantung.

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