

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan dari kajian puastaka pada 5 atikel ilmiah terkait efektifitas penggunaan Furosemid pada pasien gagal ginjal kronis yang dilaksanakan mulai bulan Juli-Oktober 2022 dapat disimpulkan bahwa:

1. Furosemid pada pasien PGK umumnya tidak digunakan secara tunggal karena kurang efektif melainkan kombinasi.
2. Kombinasi furosemid (1x40mg/hari) po dengan torsemid (1x20mg/hari)po paling efektif menurunkan tekan darah dan menaikkan nilai GFR.

5.2 Saran

1. Perlu dilakukan penelitian lanjut untuk mengetahui efektifitas dari Furosemid pada pasien gagal ginjal kronis.
2. Perlu dilaksanakan kajian pustaka dengan memperluas database yang digunakan sehingga jurnal ilmiah yang digunakan dapat semakin banyak untuk mendapatkan kesimpulan lebih objektif mengenai profil efektifitas dan keamanan penggunaan Furosemid, selain Pubmed dan Google Scholar seperti *Science direct*, *Ovid*, dan *Cinahl* agar dapat memperbanyak informasi sehingga menjadi pertimbangan dalam pemberian terapi yang lebih baik.
3. Perlu dilaksanakan meta analisis untuk melihat signifikansi hasil dari beberapa penelitian dengan karakteristik maupun luaran hasil yang sama untuk mendapatkan kesimpulan lebih objektif mengenai

profil efektifitas penggunaan Furosemid pada pasien gagal ginjal kronis.

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