

## **BAB VII**

### **SIMPULAN DAN SARAN**

#### **7.1 Simpulan**

Berdasarkan hasil penelitian yang telah dilakukan dapat disimpulkan:

1. Didapatkan adanya pengaruh infeksi fase akut COVID-19 terhadap durasi gejala menetap kardiovaskular dan respiration pada pasien di lingkungan Rumah Sakit Gotong Royong Surabaya.
2. Didapatkan adanya berbagai prevalensi gejala menetap kardiovaskular dan respiration yang timbul pada pasien setelah melewati fase akut infeksi COVID-19 di lingkungan Rumah Sakit Gotong Royong Surabaya.
3. Didapatkan hasil distribusi dari karakteristik pasien seperti usia, jenis kelamin, komorbid, riwayat alergi, riwayat merokok, dari responden yang mengikuti penelitian.

#### **7.2 Saran**

1. Dapat digunakan untuk referensi bagi pelayanan kesehatan untuk pasien paska COVID-19
2. referensi dalam perkembangan ilmu kedokteran terutama mengenai kualitas hidup penyintas COVID-19

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