

BAB 7

SIMPULAN DAN SARAN

7.1 Simpulan

Berdasarkan penelitian yang telah dilakukan, dapat disimpulkan bahwa:

1. Hasil rata-rata waktu transpor mukosiliar pada pasien RA perokok adalah $8,72 \pm 2,09$ menit.
2. Hasil rata-rata waktu transpor mukosiliar pada pasien RA bukan perokok adalah $4,82 \pm 1,73$ menit.
3. Terdapat perbedaan yang bermakna dari rata-rata waktu transpor mukosiliar antara pasien RA perokok dan bukan perokok, dimana waktu transpor mukosiliar perokok lebih lama dibandingkan dengan bukan perokok.

7.2 Saran

1. Mengurangi kebiasaan merokok agar tidak terjadi penurunan pada fungsi transpor mukosiliar.
2. Pada penelitian selanjutnya dapat menyertakan derajat perokok dan lama merokok agar dapat menganalisis lebih dalam.

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