

## **CHAPTER V**

### **CONCLUSION AND SUGGESTIONS**

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This chapter contains the conclusion of the study and also some suggestions which are intended to improve the speaking activities in Widya Mandala catholic University and to make the students realise and more aware of anxiety issue.

#### **5.1 Conclusion**

This thesis is written in the attempt to find out whether there is a significant correlation between anxiety and speaking achievement of the students of Widya Mandala Teachers Training Faculty in 2002-2003 academic year. After analysed the data, the writer concluded that there is a correlation between anxiety and speaking achievement. In order to support the study, the writer took the students of Widya Mandala Teachers Training faculty who took Speaking A class. While the two data used for this study were the students' response toward the questionnaire and also the students' speaking scores during the semester.

To find out the relationship between the variables, the formula of Pearson Product Moment Correlation is used. The result of the data analysis using this formula shows that the correlation coefficient between students' anxiety level and their speaking achievement is -0.369. It means that there is a significant negative correlation between the students' anxiety level and their speaking achievement.

From this finding, the writer concludes that if the anxiety level is high, the speaking achievement won't be very satisfying (low). In another hand if a student has a low anxiety level, he or she will perform well in the speaking class and achieve good result in speaking. Although 0.369 is considered as having a low correlation, it doesn't mean that we don't have to pay attention to this issue.

In short, anxiety is an important key to make someone become successful in learning a foreign language. It is a challenge for everyone who is learning a foreign language to keep their anxiety level in the lowest level by trying to understand her/his weaknesses and finally trying to overcome them. Finally, it is very important for us as teachers or as students to be more aware of language anxiety problem and finally, hand in hand trying to overcome it.

## **5.2 Suggestions**

Based on the research finding which found out that there is a correlation between the students' anxiety level and their speaking achievement, it can be concluded that anxiety plays an important role in the students' speaking performance. According to this fact, the writer has some suggestions in making this research become more valid and reliable so that some actions can be taken toward this problem.

### **5.2.1 For Teachers**

Realizing that there is a negative correlation between anxiety level and speaking achievement of the students in Widya Mandala Teachers Training

Faculty, the writer thinks that it would be great if the teachers who are responsible for the speaking classes create a comfortable situation in the speaking class which can help the students to feel relaxed so that they feel freely to talk and share their thoughts and ideas. Giving interesting and up-to-date topics to be discussed with the whole class is also very helpful to catch the students' attention and make them share their opinion. The writer believes that to teach speaking is not an easy job. It requires much time and energy to prepare everything besides students' willingness to participate.

And it is also necessary for the teachers to motivate the students by telling that speaking class is not that frightening. We only have to feel confident and relax. By doing this, the writer believes that every students will be able to express their thoughts and ideas very well. It doesn't mean that the students do not need to prepare themselves. Preparation is surely helpful. It can make someone feels more confident and redy for everything. However, one thing for sure is, try to make the students understand and agree with the phrase "Don't be afraid to speak!" Making mistakes is human because from this process, we can learn how to do it correctly. Finally, always remind the students that "Practice makes perfect".

### **5.2.2 For Further Study**

For further study, the writer suggests that conducting some try-outs of the instruments is very important to be done. This will be very helpful in composing a better instrument which is suitable with the condition of the students. By doing this, the result of the study is more valid and reliable.

Since anxiety closely relates to the psychological field and also to make the result become more valid and reliable, asking the help of an expert in psychology to do the scoring of the questionnaire is also needed. Besides, conducting the same research for at least three academic years is also needed in order to give better overview toward anxiety problems.

Therefore the writer expects that in the future, a further research is conducted toward this problem especially in order to find out the factors which can lead to language anxiety or what actions are needed to overcome this problem. And finally, the writer also expects that the reseach will be conducted by using better instruments to get more complete and valid data so that in the future there are many people who become successful in learning and speaking a foreign language, especially English.

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