

BAB V

KESIMPULAN dan SARAN

2.2 Kesimpulan

- r. Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Angiotensin Reseptor Bloker (ARB) pada Pasien Stroke Iskemik Rawat Inap di RSUD. Dr. Saiful Anwar Malang periode Januari 2013 sampai Juni 2013 diperoleh kesimpulan sebagai berikut :
- Penggunaan ARB tunggal sebanyak 2 pasien (11,1%), dengan jenis, dosis, frekuensi dan rute adalah valsartan (1x40mg) dan valsartan (1x80mg) secara oral masing-masing (50%).
 - Penggunaan ARB kombinasi dengan antihipertensi lain sebanyak 16 pasien (88,9%) dengan kombinasi, dosis, frekuensi, dan rute paling banyak adalah kombinasi ARB dengan CCB, yaitu valsartan (1x80mg) dan amlodipin (1x10mg) secara oral sebanyak 4 pasien (25%).
- s. Penggunaan obat golongan ARB yang diberikan pada pasien stroke iskemik rawat inap di RSUD. Dr. Saiful Anwar Malang, terkait dosis, rute, frekuensi, interval, dan lama pemberian sudah sesuai dengan *guidelines* (Sweetman, 2009) yang ada.

2.3 Saran

1. Diperlukan kelengkapan dari data Rekam Medik Kesehatan Pasien (RMK) sehingga dapat menunjang penelitian selanjutnya.
2. Penggunaan antibiotik seyogyanya mengikuti *guidelines* dan hasil dari kultur yang sudah ada untuk meningkatkan kualitas asuhan kefarmasian sebagai bagian dari tim pelayanan kesehatan guna meningkatkan kualitas hidup dari pasien.

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