

The resulting data that the writer presented is supported by the teacher's journals and some projects done by the students. In each meeting the students showed their improvements. It is also stated by the teacher herself from the teacher's journals (See the Appendix page 47 – 50 for full results). The teacher said that the students gave more attention to the teacher after they did the Brain Gym activity for several times. The students could also concentrate well and they could create a more creative writing. As stated in Chapter II, Dennison found that students will be more creative in writing since their right and left hemisphere in their brain have been connected after doing the Brain Gym.

Chapter 5

Conclusion and Suggestion

In this chapter, the writer discusses two things: conclusion and some suggestions. Conclusion deals with the writer's summary of what she has done in this study, while the suggestions deal with inputs or recommendations for further researchers.

5.1 Conclusion

Writing is one of the important skills in learning language. Children, who still learn about language, often find some difficulties in creating a creative writing. The difficulties that they find can be in the spelling, sentence

structure, grammar, or even on the punctuation. Children cannot create a good writing because their both side of brain are still not connected. So the writer, as the teacher in Children English Course, thought about the way how to improve her students' writing. The writer thought about a new method called Brain Gym. Brain Gym is the activities that can help students to connect the both side of the brain so that they will be more ready to learn about language.

After the writer found a problem in her class and the new method, she decided to do a treatment. She has done the research through some procedures. The writer made the lessons plan, gave the students post-test at the first meeting, gave treatments on Brain Gym and the last gave them the post-test. For analyzing the test, the writer gave them score based on the writing rubric.

Due to the results, the students created more creative writing in the post-test than in the pre-test, the writer concluded that there is a significant difference on the students' writing achievement after they did the Brain Gym. It means that Brain Gym gave some effects on their ability to write.

5.2 Suggestions

This part deals with suggestion for English teachers and also recommendation for further research.

5.2.1 Suggestion for English Teachers

Teaching children about language is not easy. Teachers should be more creative to create more interesting way to teach them. If not the children will not enjoy the lesson and get bored easily. And the effect is they will not achieve a good score. Brain Gym can help English teachers who are confused

in how to make children concentrate well. This study proved that there are some effects of Brain Gym on the students' writing achievement and their attitude.

5.2.2 Suggestion for Students

Brain Gym can be done by all people who find a difficulty in concentration. Students can do this activity before they do the test. This activity can be done every time and everywhere. In addition, it is better for the students to realize the use of independent study, because practice a lot makes perfect. It means that, to create a creative writing, students should not stop practicing.

5.2.3 Suggestion for Further Research

For the future study related to this study, the writer also has some suggestions so that hopefully, that study will be a better one.

- a. The writer limited the treatment for only 12 meetings that consist of 1 hour in each meeting. So the writer felt that she needed more time in teaching. It is better if the treatment can be prolonged so the result is better.
- b. The writer stressed only on the students' writing achievement. She only wanted to know the effects of Brain Gym on the writing achievement. The next study can be done for knowing the effects of Brain Gym on others skills of language.

- c. The writer did the study only in one class in the children English Course. For the next study, it is better if it can be done to compare two classes so that the result will be clearer.

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