

## **BAB V**

### **KESIMPULAN DAN SARAN**

#### **1.1 Kesimpulan**

1. Hasil studi literatur senyawa metabolit sekunder dari *Clinacanthus nutans* L adalah flavonoid (flavon, anthocyanin, vitexin, C-flavon glikosil), fenol (vanilin, asam galat, asam caffeic), steroid (stigmasterol, B-sitosterol), triterpenoid (lupeol, buletin) dan mengandung sulfur yaitu klinamid D, klinamid E.
2. Hasil stufi literatur terhadap aktivitas farmakologi berpotensi sebagai antioksidan sedang ( $176.05 \pm 0.02\%$  dan  $IC_{50}$  118,31  $\mu\text{g/ml}$  DPPH radikal) dan sebagai antiproliferatif terhadap kultur sel kanker sehingga dapat digunakan sebagai alternatif pengobatan.
3. Hasil studi literatur menunjukkan korelasi antara aktivitas antioksidan, antikanker dan senyawa kimia dengan mekanisme kerja menangkap senyawa reaktif dan mendonorkan atom yang berpasangan dengan radikal bebas sehingga dapat mencegah efek dari paparan radikal bebas seperti kerusakan pada sel dan aktivitasnya sebagai antikanker dapat menghambat aktivitas, dan merusak mitokondria sel kanker dan meningkatkan pengaruh penghambatan terhadap sel kanker.

#### **1.2 Saran**

1. Penelitian selanjutnya perlu dilakukan studi literatur dari *Clinacanthus nutans* yang membahas mengenai kandungan kimia dan efek farmakologi lain yang terkandung dalam tanaman *Clinacanthus nutans*

2. Adanya sediaan herbal dari tanaman *Clinacanthus nutans* yang dirancang sebagai pengobatan alternatif dari antikanker dan sebagai antioksidan.

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