

## **BAB 5**

### **KESIMPULAN DAN SARAN**

#### **5.1      Kesimpulan**

Berdasarkan kajian literatur pada 7 artikel ilmiah dengan 1 jurnal penggunaan Tenecteplase 0,2 mg/kgbb IV dan berdasarkan beberapa jurnal lainnya Tenecteplase 0,25 mg/kgbb IV terkait efektivitas dan keamanan Tenecteplase pada pasien stroke iskemik yang dilaksanakan mulai dari bulan Februari 2021– Mei 2021 dapat disimpulkan bahwa:

1. Tenecteplase (1x0,2 mg/kgbb dan 0,25 mg/kgbb) IV efektif digunakan pada pengobatan stroke iskemik dalam perbaikan neurologis yang dilihat dari penurunan skor NIHSS, nilai MRS, reperfusi, dan rekanalisisasi.
2. Tenecteplase (1x0,2 mg/kgbb dan 0,25 mg/kgbb) IV aman digunakan pada pengobatan stroke iskemik karena efek pendarahan yang ditimbulkan rendah.

#### **5.2      Saran**

1. Berdasarkan hasil kajian literatur yang telah dilakukan disarankan perlu dilakukan penelitian lebih lanjut mengenai efek samping Tenecteplase lainnya pada kejadian penyakit stroke iskemik.
2. Perlu dilaksanakan penelitian lebih lanjut untuk mengetahui efek penggunaan Tenecteplase pada pasien stroke iskemik apabila ada penyakit penyerta.
3. Perlu dilaksanakan kajian literatur dengan memperluas *database* yang digunakan sehingga artikel ilmiah yang digunakan dapat semakin banyak.

4. Perlu dilaksanakan meta analisa untuk melihat signifikansi hasil dari beberapa penelitian dengan karakteristik maupun hasil luaran yang sama untuk mendapatkan kesimpulan yang lebih objektif mengenai profil efektivitas dan keamanan penggunaan Tenecteplase.

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