

BAB 7

KESIMPULAN DAN SARAN

7.1 Kesimpulan

Berdasarkan hasil penelitian mengenai pengaruh pemberian injeksi asam hialuronat pada penderita osteoarthritis sendi lutut derajat 2 dan 3 di RS PHC Surabaya terhadap 41 responden dapat disimpulkan sebagai berikut :

1. Karakteristik demografi penderita osteoarthritis sendi lutut derajat 2 dan 3 di RS PHC Surabaya mayoritas adalah pasien dengan rentang usia 51-60 tahun.
2. Karakteristik demografi penderita osteoarthritis sendi lutut derajat 2 dan 3 di RS PHC Surabaya didominasi oleh wanita dan mayoritas yang menerima injeksi asam hialuronat adalah penderita dengan derajat 2.
3. Terdapat peningkatan interval kualitas hidup secara signifikan setelah menerima injeksi asam hialuronat dibandingkan sebelum menerima injeksi asam hialuronat.

7.2 Saran

7.2.1 Bagi Rumah Sakit PHC Surabaya

Sebaiknya perlu dilakukan penilaian tingkat disabilitas dan kualitas hidup pasien osteoarthritis sendi lutut sebelum menerima terapi sehingga data yang sifatnya retrospektif dapat diambil secara ideal untuk penelitian selanjutnya yang akan dilakukan.

7.2.2 Bagi Penelitian Selanjutnya

Untuk penelitian selanjutnya dapat diteliti pula faktor lain seperti lama menderita osteoarthritis untuk mendapatkan gambaran yang lebih baik.

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