

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

1. Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Insulin kombinasi *Dextrose* pada Pasien Gagal Ginjal Kronik Rawat Inap di RSUD Kabupaten Sidoarjo periode Januari - Juni 2015 di peroleh kesimpulan sebagai berikut :
 - a. Penggunaan D40 + 2UI insulin (2x1) IV sebanyak 12 pasien (43%) dan D10 + 10UI insulin (7 tpm) sebanyak 16 pasien (57%) dengan jenis, dosis, frekuensi dan rute pemberiannya masing-masing D40 + 2 UI insulin dengan dosis 2x1 perhari dan mendapat terapi D10 + 10 UI insulin dengan dosis 7tpm, dengan rute pemberian secara IV.
 - b. Penggunaan kombinasi adalah D40 + 2 UI insulin (2x1) IV dengan Kalitake (3x1 saset) PO dan Kalsium Glukonat (3x1) IV sebanyak 10 pasien (36%), D40 + 2UI insulin (2x1) IV dengan Kalitake (3x1 sachet) PO sebanyak 1 pasien (4%). Kombinasi D10 + 10 UI insulin (7 tpm) IV dengan Kalitake (3x1 sachet) PO dan Kalsium Glukonat (3x1) IV sebanyak 11 pasien (39%), D10 + 10UI (2x1) IV dengan Kalitake (3x1 sachet) PO sebanyak 1 pasien (4%), D10 + 10 UI (7tpm)IV dengan Kalsium Glukonat (3x1) IV sebanyak 4 pasien (14%).
- 2 Penggunaan insulin kombinasi *dextrose* yang diberikan pada pasien gagal ginjal kronik hiperkalemia rawat inap di RSUD Kabupaten Sidoarjo, terkait dosis, rute, frekuensi, interval, dan lama pemberian sudah sesuai pustaka.

5.1 Saran

Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien dan permasalahan terkait terapi obat secara langsung, dapat berinteraksi dengan pasien, dokter dan para klinisi serta dihasilkan profil penggunaan obat yang lebih representatif.

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